



# Springtime Place Mat



Another colourful and fun activity your Community Hero/es can do with their spring flower collection is to make a Springtime Place Mat to brighten your table settling.

This activity provides an opportunity to explore colours and their names. It also helps develop fine motor skills, concentration and of course allows creativity to flow.

Items required:

- A4 colour sheet of construction paper or card stock
- Scissors
- Clear contact paper or laminator paper and laminator
- Picked flowers from exploring your garden or neighbourhood walk

Instructions:

1. Fold coloured paper in half horizontally
2. Cut out the middle to create a frame. You may wish to measure 3cm from each edge to create the border which you will cut out
3. Head into the garden or go on a neighbourhood walk to collect flowers
4. If using clear contact paper, please your frame onto the sticky side of the contact paper
  - a. If using laminated sheet insert your frame into the sheet
5. Encourage your Community Hero/es to gently pull the petals off the flowers - this is great for fine motor skills
6. Time to get creative. Encourage your Community Hero/es to place their petals inside their frames placed on the contact paper or laminated sheet. You can add your own picture, message or one of our funny flower faces to your Springtime place mat
7. Once complete, place another clear sheet of contact (sticky side to sticky side) on top of the framed creation and hold in place
  - a. If using a laminator, with adult supervision, carefully feed your laminated sheet containing your framed petals through the laminator
8. Trim any edges
9. Repeat steps above to create another place mat.
10. Use your beautiful creation as a place mat for your next meal!